

# 6<sup>th</sup> GUP GREEN BELT STUDY GUIDE

1. Explain the meaning of Tang Soo Do:

The word “Tang” represents the Tang Dynasty of China which reflects the shared cultural background between China and Korea (617-907 A.D.) “Soo” means hand but implies fist, punch, strike, or defense, ect., and “Do” means way of life or art. Thus “Tang Soo Do” means the Korean classical martial art which was influenced by the Tang method of the martial art.

2. What color is Grandmaster Shin’s belt? - *Red and White Blocks*

3. What is the capital of South Korea? - *Seoul*

4. What is the capital of North Korea? - *Pyong Yang*

5. What is the name of the Korean Flag - *Tae Kukgi*

6. Explain the American Flag:

- 50 Stars - *Represents the 50 States*
- 13 Stripes - *Represents the 13 original colonies*
- Red - *Represents the blood shed for our freedom*
- White - *Represents purity*
- Blue - *Represents the union of the states*

7. Explain the Korean Flag:

- 3 Solid Bars - *Represents Heaven*
- 3 Broken Bars - *Represents Earth*
- 2 Broken 1 Solid - *Represents Water*
- 2 Solid 1 Broken - *Represents Fire*
- Blue and Red Circle - *Um and Yang Represents opposing but complimentary forces*

8. What does the Green Belt Represent?

*Speedy development of youth as summer arrives*

9. Beginner	Cho Bo Ja	25. Two	Tul or E
10. Junior Member	Hu Bae	26. Three	Set or Sam
11. Senior Member	Sun Bae Nim	27. Four	Net or Sa
12. Class Instructor	Kyo Sa Nim	28. Five	Tasot or Oh
13. Color Belt Holder	Yu Gup Ja	29. Six	Yosot or Yuk
14. Basic Technique Exercise	Ki Cho Woon Dong	30. Seven	Ilgop or Chil
15. Turn	Tora	31. Eight	Yodol or Pal
16. Turn to the Rear	Dwi Ro Tora	32. Nine	Ahop or Ku
17. Without the Count	Ku Ryung Up Shi	33. Ten	Yol or Sip
18. With the Count	Ku Ryung E Mat Cho So	34. Back Fist	Kap Kwon
19. Begin	Shi Jak	35. Hammer Fist	Kwan Do
20. World Tang Soo Do Assoc.	Sae Kye Tang Soo Do Yup Hoi	36. Knee	Moo Roop
21. Breaking	Kyuck Pa	37. Knee Kick	Moo Roop Cha Ki
22. Vital Point	Kup So	38. Jump Side Kick	E Dan Yup Cha Ki
23. One Step Fighting Kick Technique	Il So Sik Cha Ki Bup	39. Jump Hook Kick	E Dan Yup Hu Ryo Cha Ki
24. One	Hana or Il	40. Jump Axe Kick	E Dan Cchick Ki

41. Pyung Ahn E Dan:

Number of Moves - 29